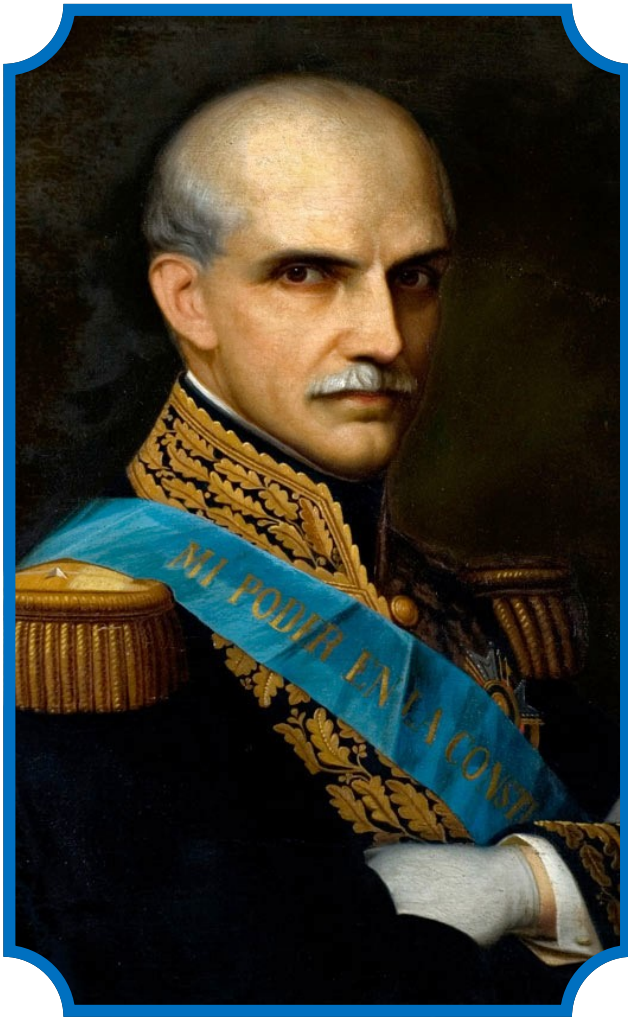


RULE OF LIFE OF GABRIEL GARCIA MORENO

BEATIFICATION OPENED DEC. 1939



Discovered handwritten in his pocket Imitation of Christ when assassinated Aug 6, 1875

1. Every morning when saying my prayers I will ask specially for the virtue of humility.
2. Every day I will hear Mass, say the Rosary, and read, besides a chapter of the Imitation, this rule and the annexed instructions.
3. I will take care to keep myself as much as possible in the presence of God, especially in conversation, so as not to speak useless words. I will constantly offer my heart to God, and principally before beginning any action.
4. I will say to myself continually: I am worse than a demon and deserve that Hell should be my dwelling place. When I am tempted, I will add: What shall I think of

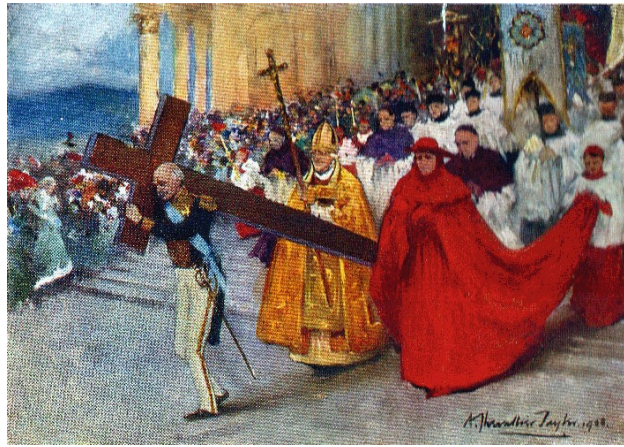
this in the hour of my last agony?

5. In my room, never to pray sitting when I can do so on my knees or standing. Practice daily little acts of humility, like kissing the ground, for example. Desire all kinds of humiliations, while taking care at the same time not to deserve them. To rejoice when my actions or my person are abused and censured.
6. Never to speak of myself, unless it be to own my defects or faults.
7. To make every effort, by the thought of Jesus and Mary, to restrain my impatience and contradict my natural inclinations. To be patient and amiable even with people who bore me; never to speak evil of my enemies.
8. Every morning, before beginning my work, I will

write down what I have to do, being very careful to distribute my time well, to give myself only to useful and necessary business and to continue it with zeal and perseverance. I will scrupulously observe the laws of justice and truth, and have no intention in all my actions except the greater glory of God.

9. I will make a particular examination twice a day on my exercise of different virtues, and a general examination every evening. I will go to confession every week.

10. I will avoid all familiarities, even the most innocent, as prudence requires. I will never pass more than an hour in any amusement, and in general, never before eight o'clock in the evening.



Fr. Bernabe's Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, my works, my joys, my sorrows and my sufferings of this day.

For all the intentions of Your Most Sacred Heart, in union with the Holy Sacrifice of the Mass offered throughout the world, In reparation for my sins, For the intentions of all my relatives, friends, and benefactors, And in particular for the intentions of the Holy Father, and for the

conversion of Poor Sinners and Russia.

I desire to obtain all indulgences associated with my works and my actions of this day.

O Jesus, I know _____ is my primary fault against which I strive and _____ is the virtue I most desire to acquire today. Without your assistance I know I will fall miserably and often. *But if you, O Lord, are for me, then who can stand against me?* (Rom 8:31)

By your Grace, *I can more than conquer* (Rom 8:37) this and all difficulties of this day because *your grace is sufficient for me, your power is perfected in my weakness* (2Cor 12:9)

Grant alone, O Lord, that I may love you always; then do with me whatever you will. Amen.

(3 Hail Mary's)